



Your Impact in 2025–2026

**A Year of Momentum
and Growth**

July 2026

Message from the Executive Director

The Power of Momentum



Dear Supporters,

When we look back on the 2025–2026 year at Maison Elizabeth House, one-word echoes above all others: momentum.

This has been a year of extraordinary transformation, milestones, and hope. Thanks to your steady belief in our mission, we finalized our 2024–2029 Strategic Plan, achieved Accreditation with Commendation from Accreditation Canada, and officially broke ground on Phase 1 (PATH Building) of our two buildings for a total cost of \$6.5M.

But beneath every major building permit, financial report, or clinical committee meeting is the human heartbeat of our work. Behind these pages are young, resilient parents and children working bravely to build safer, healthier, and more independent lives. Every achievement outlined in this report belongs to them—and to you, the community that makes their progress possible.

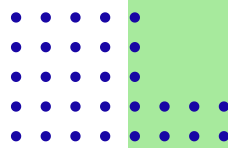
With your continued partnership, we aren't just renovating physical spaces; we are building possibility, community, and brighter futures for generations to come.

With deepest gratitude,

Anitra Bostock

Executive Director

Maison Elizabeth House



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The Year in Numbers...

168

Individuals Supported

137

Days: The average stay for residents, an increase of 23 days from last year, allowing for deeper, more individualized support

12,775

Nights of Safe, Supervised Shelter provided to young, vulnerable mothers and babies facing housing instability and systemic challenges.

93%

Occupancy Rate reflecting the continuous, urgent demand for our specialized live-in care.

1,150+

Nursery Care Visits: Supporting 25 children and allowing young parents the critical respite and study time needed to focus on their personal growth.

1,000+

Volunteer Hours generously given by community volunteers, board members, and committee chairs to guide our governance and enrich our program activities.

3,128

Clinical Placement Hours contributed by 17 student interns from 6 partner academic institutions including McGill and Concordia.

20,338

Nutritious Meals Served Ensuring food security for our live-in and community-based clients, supported by our vital partnership with Moisson Montréal.

5,063

Kg of Food distributed through our partnership with Moisson Montréal, valued at nearly \$40,000.

Our Strategic Priorities (2024-2029)

Clinical Excellence

*Accredited with Commendation:
Recognized by Accreditation
Canada for our commitment to
high-quality, client-centred care.
September 2025*



This year, Maison Elizabeth House launched its 2024–2029 Strategic Plan centered on five priorities: Clinical Approach, Infrastructure, Funding & Public Awareness, Governance, and Human Resources. The planning process also updated MEH’s mission, vision, and values to align with the needs of families served.

Over the next five years, the focus will be on enhancing client services, expanding education, modernizing facilities, increasing community support, improving governance, and investing in staff. This approach aims to strengthen the organization and better meet the evolving needs of families for a sustainable future.

Mission

Empowering parents of young children with knowledge, skills, and support to help them nurture, protect, and guide their children toward a strong future.

Vision

A future where young families thrive in a caring, inclusive community, supported by collaboration and growth opportunities. Children feel safe and loved, while parents are empowered to help their families reach their full potential.

Values

- Empowerment
- Inclusion
- Growth

DONOR-FUNDED PROGRAMS IN ACTION

The Learning Hub & The Annex

10

Students
Enrolled This Year

5

From Live-in program

5

From Family
Assistance Program

In February 2026, the Learning Hub successfully relocated to The Annex, a bright, welcoming office space on Sherbrooke Street West. This move took place to ensure our families experienced no interruption in services during the start of the PATH renovations. The physical environment has completely transformed the learning experience.

This year, we supported 10 student parents (5 live-in and 5 community outreach), helping them navigate complex life circumstances, explore vocational options, study for immigration language exams, and rebuild their academic confidence. Staff noted a visible spike in student engagement, self-esteem, and program attendance from the moment they walked into this dignified, modern space. The transition to The Annex has also highlighted the tremendous potential of the upcoming renovations planned for our permanent facilities and the transformational impact these renewed spaces will have on programming and client experience.

Success Story

One student successfully prepared for the TCF Canada French exam for her immigration process; another was accepted into a Commercial Drafting Program



Mental Health, Wellness & Camp

At Maison Elizabeth House, emotional well-being is integrated into every interaction. This year, we successfully delivered a 6-week Summer Wellness Program featuring 13 therapeutic and wellness activities, engaging an average of 13 parents and 14 children per session.

- **The Ultimate Highlight:** Our first-ever family overnight camping retreat to Camp Kanawana. For most of our young moms and toddlers, this was their very first camping experience—a weekend filled with campfire laughter, canoeing, outdoor play, and therapeutic bonding that significantly reduced feelings of social isolation.
- **Therapeutic Services:** 11 individuals received intensive individual, couples, or family therapy.
- **Community Connection:** 100+ women attended our International Women's Day Mental Health Event for workshops and peer support.



More than just a series of activities, the Summer Program continues to provide young families with opportunities to build confidence, gain independence, connect with their community, and create memories that will stay with them long after summer ends.

NURSERY SERVICES

Children Supported

25

Hours of supervised childminding

3000 +

Nursery Services continued to play an essential role in supporting parents' participation in programming, education, appointments, respite needs, and provided critical childcare support for parents pursuing their education through The Learning Hub. Nursery Services supported a total of 25 children - which represents more than 1150 total visits, each visit tailored to meet the unique needs of the child and their family. This nurturing environment not only ensured the children's safety and emotional well-being but also contributed to their social and cognitive development.



PARENT EDUCATION PROGRAMS

Programs delivered

4

Participation and engagement

100%



Maison Elizabeth House offers parent education programs that strengthen family bonds, emotional literacy, and early childhood development. Through interactive sessions, parents build confidence, communication, and advocacy skills while supporting their children's growth. Programs foster engagement, peer support, and practical learning, empowering families to create positive routines and contribute to program development. These sessions are designed to be inclusive and accessible, ensuring that all families have the opportunity to benefit from the knowledge and resources provided.

Food Security & Lifeline Mobilization



Our long-term partnership with Moisson Montréal continues to act as a vital lifeline against food insecurity. To mark their 40th anniversary, Moisson Montréal generously donated a brand-new minivan to Maison Elizabeth House. This vehicle has instantly become an indispensable resource, allowing our team to transport and distribute grocery packages directly to our Family Assistance outreach clients living independently across the city.

MOISSON MONTRÉAL	Food (kg)	Estimated Value
	5,063	\$40,000



In 2025–2026, Maison Elizabeth House and the Elizabeth House Foundation began construction on Phase 1 of the Nurturing Families, Building Futures Campaign, a \$6.5 million project aimed at transforming their properties. This initiative is the largest infrastructure investment in the organization's history, ensuring facilities meet the needs of young families for decades.

In collaboration with L. McComber Architecture Vivante, the project is designed to create safe, trauma-informed spaces for healing and growth. Phase 1 focuses on the PATH Learning Hub, adding transitional apartments and a new Community Learning Hub, while Phase 2 will modernize the Main House for live-in support.

Key progress has included planning, permits, contractor selection, and relocation of services to a temporary space, The Annex, to maintain programming during renovations. Ultimately, the project aims to sustain Maison Elizabeth House as a vital resource for young families for the next 60 years and beyond.

RENOVATION PROJECT UPDATE	Total Campaign Investment	Project Timeline
	\$6.5 MILLION	2-YEAR

Program Achievements Continued



Essential Items. Relocation Services. Event Contributions

Community generosity played a vital role at Maison Elizabeth House this year, with individuals, businesses, and organizations contributing essential items, gifts, and services that enhanced the environment for families.

Donations from groups like Carolyn’s Community, The Shoebox Project, and Hatley - Little Blue House brought comfort during the holidays, while Meldrum The Movers supported relocations with in-kind services.

Additional contributions of clothing, books, and plants enriched programs and special events such as International Women’s Day. These acts of kindness helped create a welcoming, supportive space and made a meaningful difference in the daily lives of the families served.

DONATIONS IN KIND	Community Partners	Categories of Support Provided
	10+	3



This year, more than 1,000 volunteer hours supported Maison Elizabeth House and the families it serves. Seventeen community volunteers contributed 350 hours through clinical support, fundraising, events, and hands-on activities that enriched daily life for parents and children. In addition, Board members, Foundation Board members, and committee members provided over 700 hours of leadership, governance, and strategic guidance.

Their collective contributions strengthened programs, supported operations, and advanced the organization’s mission. Beyond the numbers, their dedication, expertise, and generosity played a vital role in creating opportunities, empowering families, and fostering a supportive, caring community environment.

VOLUNTEERS, BOARDS, AND COMMITTEES	Volunteer Hours	Board & Committee Hours
	1000+	700+

Fundraising Highlights

*A record-breaking year of community generosity and investment in families with, **\$1,502,530** in total funding, including cash received and multi-year pledges*

\$802,481

Received toward the Nurturing Families, Building Futures Capital Campaign for facility renovations.

\$338,500

Formal multi-year pledges committed by donors over the next 2-3 years toward capital improvements.

\$361,549

For programs under the PATH Learning Hub.

The Elizabeth House Foundation and Maison Elizabeth House focused their fundraising efforts on two key priorities: program funding and the Nurturing Families, Building Futures Capital Campaign. Together, these efforts ensure that families not only have access to safe and supportive environments but also to the programs, education, and resources they need to build brighter futures.

This year was one of the most significant fundraising years in the history of the organization. Through the generosity of donors, foundations, community partners, and supporters, we secured **\$1,502,530*** in funding commitments, including both funds received and multi-year pledges.

Funding raised for programming supports critical services such as education, mental health, life skills, parenting support, food security, employment readiness, and scholarships. These investments help ensure that young parents gain the knowledge, confidence, and practical skills needed to thrive and create stable futures for themselves and their children.

At the same time, the launch of the Nurturing Families, Building Futures Campaign marked an important milestone in our vision for the future. Through foundation grants, donor support, and community fundraising initiatives, we secured **\$802,481*** in funding and **\$338,500*** in future pledges toward the renovation and renewal of the PATH Learning Hub and the Main House. An additional \$3.5 million in funding requests remains under review as we continue to pursue new funding opportunities and partnerships.

These renovations will create modern, welcoming, and trauma-informed living and learning environments that enhance both residential services and community programming. As we approach our 60th anniversary in 2028, this project is about ensuring that Maison Elizabeth House remains a place of hope, healing, learning, and opportunity for generations to come.

To every donor, foundation, partner, volunteer, and champion of our mission: thank you for believing in our families, our vision, and our future.

Note: Pledged amounts represent formal commitments expected over the next 2-3 years and are not included in annual cash revenue.

LIVED EXPERIENCES & STORIES OF CHANGE

Client Testimonial

“

I want to say a big thank you to Maison Elizabeth House for everything you do for us. You are always there to help us with our children; you organize activities that make us feel good and also benefit our little ones. Your work changes lives; you offer hope, listening, support, dignity, and above all, a lot of love. Because of you, we feel supported, heard, and never alone. Thank you from the bottom of my heart for your patience, your kindness, and all the love you give every day. You truly make a difference in our lives. Thank you to the entire team, the staff, the volunteers, and everyone who makes this place a true home.

Hajar (President of Users' Committee)

”



Staff Testimonial

“

My journey at MEH began in 2023 as an on-call educator in the live-in program, and within a little over a year, I became one of four full-time educators. Over the past three and a half years, I have grown tremendously, both personally and professionally. While supporting young mothers and their children can be challenging at times, it is also deeply rewarding. My role at MEH allows me to walk alongside vulnerable women as they navigate the ups and downs of life, both as individuals and as parents. No matter their circumstances, witnessing the growth of both the mothers and their babies has been incredibly meaningful and fulfilling. One of my most memorable experiences so far was our Summer 2025 camping trip. Although I was initially hesitant to attend, I am grateful for the experience, and even more grateful for the opportunity to witness the joy, excitement, and connection it brought to the clients throughout the trip. I am proud to be part of an organization and team that consistently puts the needs of families first and creates opportunities and experiences that many parents may not otherwise have access to on their own. I look forward to continuing my journey at Maison Elizabeth House.

Anatasia Mulcare (Educator)

”

Looking Forward

- Maison Elizabeth House is entering an era of extraordinary momentum. Guided by our 2024–2029 Strategic Plan, we are focused on five key priorities: clinical excellence, modern infrastructure, sustainable funding, robust governance, and staff development. Our goal is to create an organization that is even more responsive to the evolving needs of the families we serve.
- The centerpiece of our future is the “Nurturing Families, Building Futures” campaign. Following the successful launch of Phase 1 renovations at the PATH Learning Hub, we are preparing for Phase 2 in 2027, which will modernize the Main House. These critical investments ensure our facilities provide the trauma-informed, dignified environment every family deserves.
- As we approach our 60th anniversary in 2028, we remain committed to our vision of a community where every young family is empowered to thrive. Your continued support is building more than renovated spaces; it is building possibility for generations to come.



How you can help



Scan to make a donation



Thank You

Your support turns fragile beginnings into hopeful, confident futures. Thank you for empowering young families to rebuild with dignity, purpose, and the power of possibility.



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