



**Maison
Elizabeth
House**

Annual Report

2025-2026



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Message from our Executive Director

As I reflect on the past year at Maison Elizabeth House, the word that comes to mind most is momentum. This has been a year filled with growth, transformation, challenges, hope, and extraordinary dedication from every corner of our organization.

There were moments this year where the pace felt relentless, balancing renovations, Accreditation, fundraising, programming, partnerships, and the ever-growing needs of the families we serve. Still, through it all, our team continued to show up with compassion, creativity, resilience, and heart. I am so proud of what we have accomplished together.

What continues to inspire me most is the way Maison Elizabeth House never loses sight of the human side of the work. Behind every meeting, report, renovation plan, workshop, or funding application are young parents and children working to build safer, healthier, and more stable futures for themselves. Every decision we make comes back to them.

This year, we celebrated major milestones, the launch of Phase 1 of the PATH renovations, the completion of our Strategic Plan, Accreditation with Commendation, expanded programming, stronger partnerships, and growing visibility within the community. We also continued creating spaces where families feel valued, heard, supported, and empowered.

I am deeply grateful to our team, Board members, Foundation Board, volunteers, students, donors, and community partners whose belief in this mission keeps pushing us forward. The work is not always easy, but it is meaningful, and it matters.

As we look ahead to the coming year, I am filled with excitement for what is still to come. We are building more than renovated spaces or expanded programs; we are building possibility, community, and brighter futures for generations of families to come.



— Anitra Bostock
Executive Director, Maison Elizabeth House



Message from our Board President

It has been another active and productive year at Maison Elizabeth House, with the organization operating at or near full capacity for much of 2025–2026. The growing demand for our services continues to reinforce the importance of our mission and the need to remain responsive, innovative, and forward-thinking.

This year, the Governance and Foundation Boards continued to collaborate through combined meetings, strengthening communication, alignment, and shared decision-making. Together with committee members and dedicated volunteers, we finalized MEH's 2024–2029 Strategic Plan, establishing clear priorities, objectives, and measurable outcomes to guide the organization's future growth and sustainability.

Our Board Committees, supported by volunteer subject matter experts, continued to provide oversight in key areas including Finance, Audit and Infrastructure, Human Resources, Communications, Clinical Programming and Evaluation, Integrated Risk Management and Quality Improvement, and Service Quality and Vigilance. We also continued strengthening our governance practices and committee reporting structures to support ongoing compliance with Accreditation Canada standards.

I would like to extend my sincere thanks to my fellow Committee Chairs - Linda Corbeil, Howard Nadler, Kim St. Hillaire, and Zoe Hurtado - for their leadership, expertise, and commitment throughout the year.

A major focus of 2025–2026 was preparing the PATH building for Phase 1 of the renovation project. Through careful planning and collaboration, programs and services were successfully relocated to The Annex, ensuring uninterrupted support while construction moves forward.

Most importantly, I would like to recognize the clients, team members, volunteers, students, donors, and community partners who bring our mission to life each day. Your dedication, compassion, and belief in the potential of young families are what make this work possible.

Finally, I would like to acknowledge Executive Director Anitra Bostock for her exceptional leadership, vision, and unwavering commitment to the organization. Her energy and passion continue to inspire positive change throughout Maison Elizabeth House.

It remains an honour to be part of this remarkable community, and I look forward to all that we will accomplish together in the year ahead.



— Leigh Johnston

Board President, Maison Elizabeth House



Declaration

Regarding Data Reliability

As Executive Director of Maison Elizabeth House, I am accountable for the accuracy of the information presented in this Annual Report and for the integrity of the internal controls supporting it.

The independent firm Raymond Chabot Grant Thornton audited the coherence and plausibility of the information presented in this report. A report to this effect will be produced and available in section 9 of the present document in September 2026.

The results and data in this report of activities for the fiscal year 2025–2026 of Maison Elizabeth House:

- accurately describe the mission, mandate, responsibilities, activities, and strategic orientations of the organization;
- accurately describe the objectives, the indicators, the targets, and the results obtained;
- present correct and reliable financial and statistical data.

I declare that the data contained in this Annual Report of Activities, as well as the related controls, are reliable and accurately reflect the situation as of March 31, 2026.



Anitra Bostock
Executive Director, Maison Elizabeth House

About Maison Elizabeth House

For nearly 60 years, Maison Elizabeth House has provided safe housing, education, guidance, and supported more than 6,000 families through a continuum of live-in and community-based programs.

Maison Elizabeth House offers an integrated model of care that includes 24-hour supervised live-in services, parenting education, mental health and psychosocial support, life-skills development, educational and employment supports, transitional housing, and community-based family assistance.

Families come to us from Montréal, across Québec, and Northern communities, often facing complex challenges such as housing instability, poverty, social isolation, interrupted education, and involvement with Youth Protection services.

As a privately operated, publicly funded organization, Maison Elizabeth House receives approximately \$1.95 million annually from Santé Québec (MSSS) to support core operations, including staffing, client living expenses, building maintenance, utilities, insurance, and essential services.

Complementing these services, the Elizabeth House Foundation funds the PATH Learning Hub through private donations, which provides education, life-skills training, career development, food security initiatives, mental health supports, scholarships, and transitional services.

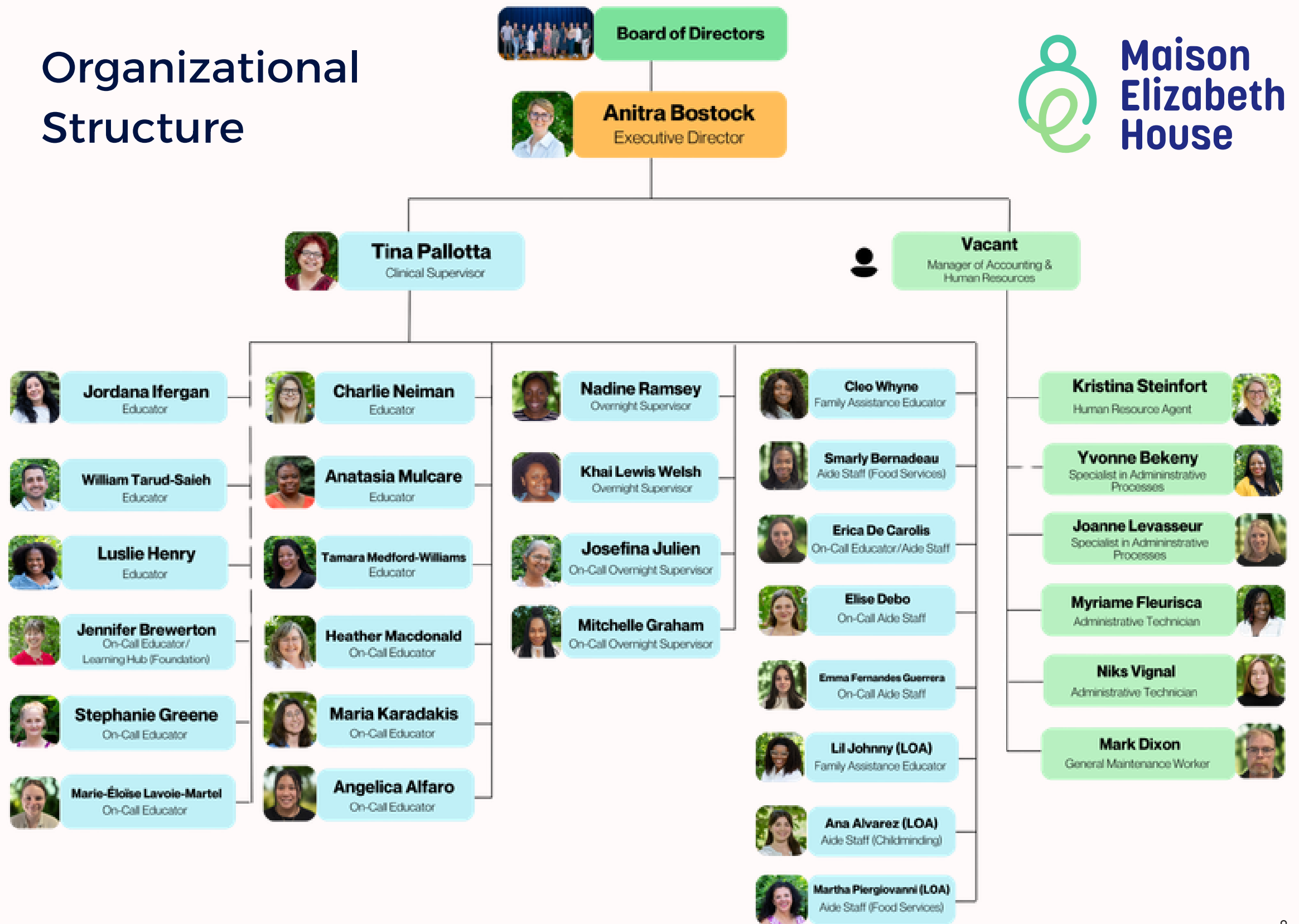
Together, Maison Elizabeth House and the Foundation work to equip young families with the tools, confidence, and opportunities needed to build stable, independent futures.





Our Team

Organizational Structure



Maison Elizabeth House

BOARD OF DIRECTORS



Leigh Johnston
President

Retired assistant Executive Director of
Batshaw Youth and Family Centres



Howard Nadler
Vice-President

Retired Manager in Health and Social
Services



Linda Corbeil
Treasurer

HSSS Consultant – Former Director of
Finance – Batshaw
Youth and Family Centre



Donna Varrica
Member

Director of Communications and
Corporate Affairs at Dawson College



Kim St. Hillaire
Member

Human Resources Consultant



Geneviève Morin
Member

Senior Advisor, Financial Governance and
Operational Performance, Desjardins Group



Zoe Hurtado
Member

Social Worker and Family Mediator,
Reviewer at Batshaw Youth and Family
Centres



Elsa Kelly-Rheaume
Member

Lawyer



Dr. Anita Mehta
Member

Director of Education and Knowledge
Exchange: Montréal Institute for Palliative
Care. Couple and Family Psychotherapist.



William Tarud-Saieh
Member

Staff Representative from MEH



Hajar Saga
Member

Client Representative
President, Users' Committee



Vacant
Member



Anitra Bostock
Member "ex officio"

Executive Director
Maison Elizabeth House

A word from the Foundation President

My name is Kim St. Hillaire, and I am honoured to serve as President of the Elizabeth House Foundation Board.

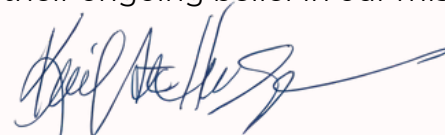
The 2025–2026 year marked an exciting period of growth, fundraising, and community engagement in support of the mission and programs that empower the young families we serve. Throughout the year, significant efforts were made to strengthen both program funding and the long-term sustainability of Maison Elizabeth House. Highlights included the official launch and groundbreaking of Phase 1 of the PATH Learning Hub renovations, an important milestone in the Nurturing Families – Building Futures campaign. This transformative project will modernize and expand spaces that support housing, education, life-skills development, and community programming for vulnerable young families.

Additional highlights included the launch of the Welcome Kit Campaign during the MEH Open House, with Giving Tuesday contributions providing self-care baskets to welcome new mothers with dignity and care. We also introduced the Baby Shower for Maison Elizabeth House, a new third-party fundraising initiative supporting our Nurturing Families, Building Futures Campaign. Donations throughout the year also strengthened mental health services, educational scholarships, food security initiatives, and the Build Your Future Career Program in partnership with the Youth Employment Services Foundation. We are equally grateful to Moisson Montréal for their generous donation of a minivan, which has become an essential resource for food distribution and community outreach.

We have seen significant momentum in fundraising and donor engagement efforts. Over the last 2 years, through grant writing, partnerships, and community outreach, we have raised more than \$2.5 million to support programming and infrastructure renewal and to strengthen awareness of the important work at MEH.

As we look ahead, the Foundation Board remains committed to building on this momentum, strengthening partnerships, and supporting the vision of MEH as it continues transforming the lives of young parents and children.

I would like to sincerely thank our donors, partners, volunteers, staff, and community members for their ongoing belief in our mission and for helping make this work possible.



— Kim St. Hillaire,
President, Elizabeth House Foundation

Elizabeth House Foundation

BOARD MEMBERS



Kim St. Hillaire
President

Human Resources
Consultant



Laetitia Meda
Vice-President

Director of Human Resources,
Ville de Kirkland



Geneviève Morin
Treasurer

Senior Advisor, Financial
Governance and Operational
Performance, Desjardins Group



Sophie Boulos
Member

Student & Lead Government
Relations & Social Media at TALQ
(formerly QCGN)



Laurie Cowen
Member

Executive Assistant to Chief Executive
Officer, SimWell Consulting &
Technologies Inc.



Kyana Warhaftig
Member

Human Relations
Professional



Martin Zeghati
Member

Advisor – Multi-Unit Housing
Solutions / Canada Mortgage and
Housing Corporation (CMHC)



Patrizia Di Lillo
Member

Freelance Business
Development & Account
Manager



Marie-Anne Desjardins
Member

Consultant -
Transformational
Fundraising Leader



Vacant
Member



Anitra Bostock
Member "ex officio"

Executive Director
Maison Elizabeth House

Committees & Advisory Bodies



Finance, Audit & Infrastructure Committee

In anticipation of the PATH & Main House renovations, the Finance & Audit Committee and the Infrastructure Committee were merged to create a single, streamlined committee. This ensured sound financial management, ensured accountability through rigorous audit and risk management practices, and guided infrastructure planning and capital projects. By integrating financial oversight with infrastructure strategy, the committee helped ensure that the upcoming renovations and other organizational initiatives were carefully planned, well-managed, and aligned with the Foundation's mission to support vulnerable parents and children.



Clinical Programming & Evaluation Committee

MEH continued to strengthen its client-centered approach through ongoing program evaluation and quality improvement initiatives focused on achieving meaningful outcomes for families. Programs were refined with clear goals and standardized modules to support consistency and responsiveness to client needs. Efforts to enhance staff onboarding, training, collaboration, and clinical supervision also continued throughout the year, supporting both professional development and staff well-being while reinforcing MEH's commitment to excellence, inclusivity, and high-quality care.



Human Resources Committee

The Human Resources Committee focused on strengthening MEH's HR policies, ensuring compliance with legal and regulatory standards, and fostering an inclusive and engaging workplace culture. The Committee advanced initiatives to attract and retain talent, support onboarding, enhance internal communication, and position MEH as an employer of choice. It also worked to align HR practices with Accreditation standards, using key metrics such as retention, onboarding effectiveness, and staffing indicators to drive continuous improvement and maintain efficient, effective HR operations.



Strategic Planning & Accreditation Committee

The Strategic Planning & Accreditation Committee continued to strengthen governance, accountability, and continuous quality improvement at MEH. A significant milestone this year was the successful Accreditation Canada review in September 2025, where MEH achieved Accreditation with Commendation. The Committee also supported the ongoing alignment of policies, procedures, and organizational practices with accreditation standards, while strengthening feedback processes and monitoring progress on key organizational priorities and performance indicators.





IRMQI & SQVC Committee (Risk Management)

This committee focuses on risk management, ensuring compliance with safety requirements, and maintaining high standards of care. It plays a central role in monitoring quality improvement initiatives and patient-centered outcomes, supporting MEH’s commitment to safe, effective, and client-focused services. These efforts ensure that MEH not only meets regulatory and accreditation standards but also continually improves the care and outcomes for the clients we serve.



Marketing & Communications Committee

MEH continued to strengthen its visibility and presence within the community by sharing authentic stories, building meaningful connections, and increasing awareness of the organization’s mission and impact. Through participation in and hosting of community events, including the International Women’s Day celebration, MEH further raised its profile and deepened engagement with community members, partners, and supporters. The Committee also began planning future website enhancements aimed at improving outreach, accessibility, and community engagement.



Fundraising Committee

The committee focused on raising funds for the Elizabeth House Foundation’s Nurturing Families - Building Futures Campaign to support the renovation and renewal of PATH and the Main House, ensuring our spaces meet the needs of today’s clients. In addition to this capacity-building campaign, fundraising for core programming continued throughout the year. By enhancing and expanding our physical spaces, MEH can scale programs and services to better support vulnerable parents and children. Efforts include targeted outreach, donor engagement, and strategic partnerships to advance the campaign, strengthen the donor network, and secure long-term sustainability for our mission.



Users Committee

This year, Maison Elizabeth House successfully established an official Users’ Committee, an important step in strengthening client voice, participation, and collaboration within the organization. The Committee was created to ensure that clients and former clients have an active role in sharing feedback, representing user perspectives, and helping improve services and program quality. A recruitment and engagement event brought together live-in clients, Family Assistance clients, and former clients in a welcoming and interactive environment focused on education, participation, and empowerment. Following the event, an eight-member Users’ Committee was formally elected, representing a diverse range of lived experiences across MEH programs. The creation of the Users’ Committee reflects MEH’s ongoing commitment to client-centered care, transparency, and meaningful community involvement.

Achievements of the Year

Strategic Planning & Organizational Growth

Behind the scenes, significant work went into developing the organization's 2024–2029 Strategic Plan, strengthening governance structures, aligning committee work, and establishing measurable goals and accountability frameworks to guide sustainable growth and long-term impact.

Accreditation & Quality Improvement

A tremendous amount of work was dedicated to preparing for Accreditation Canada, including policy development, procedure reviews, committee restructuring, staff training, and strengthening organizational practices. Achieving Accreditation with Commendation reflected the collective effort and commitment of the entire team.

Renovation Planning & Infrastructure

Countless hours were invested in preparing for the PATH renovations, including architectural planning, permits, engineering reviews, zoning changes, fundraising, operational planning, and the successful relocation of programming to The Annex to ensure uninterrupted services.

Team Development & Collaboration

The team continued to engage in professional development, communications training, clinical learning opportunities, and collaborative planning initiatives. Behind the scenes, teams worked tirelessly to strengthen programming, improve consistency, and support one another through an exceptionally busy and transformative year.

Program Development & Client Experience

Teams worked continuously behind the scenes to evaluate and enhance programs, build new partnerships, coordinate workshops and activities, and create meaningful opportunities for clients. Every detail, from educational supports to community events, was designed to help families feel valued, connected, and empowered.

Fundraising & Community Engagement

More than 120 grant applications, donor meetings, tours, and partnership-building efforts took place throughout the year to strengthen community awareness and secure critical funding for programs and renovations. These efforts significantly increased the organization's visibility and long-term sustainability.

“What we build today creates the possibilities of tomorrow.”

-Unknown

Strategic Plan 2024 - 2029

This year marked the launch of Maison Elizabeth House's 2024–2029 Strategic Plan, a bold vision for the future built around five key priorities: **Clinical Approach, Infrastructure, Funding & Public Awareness, Governance, and Human Resources.**

The planning process also provided an opportunity to formally review and refresh MEH's mission, vision, and values, ensuring they reflect both the evolving needs of the families we serve and the future direction of the organization. Together, these priorities guide our decisions and support our ultimate goal of helping young parents build safe, stable, and successful futures for themselves and their children.

Over the next five years, we will focus on strengthening client services, expanding educational opportunities, modernizing our facilities, increasing community support, enhancing governance practices, and investing in our staff. By building on our strengths and embracing innovation, we are creating an organization that is better equipped to meet the evolving needs of families while ensuring Maison Elizabeth House remains strong, sustainable, and responsive for years to come.

Mission

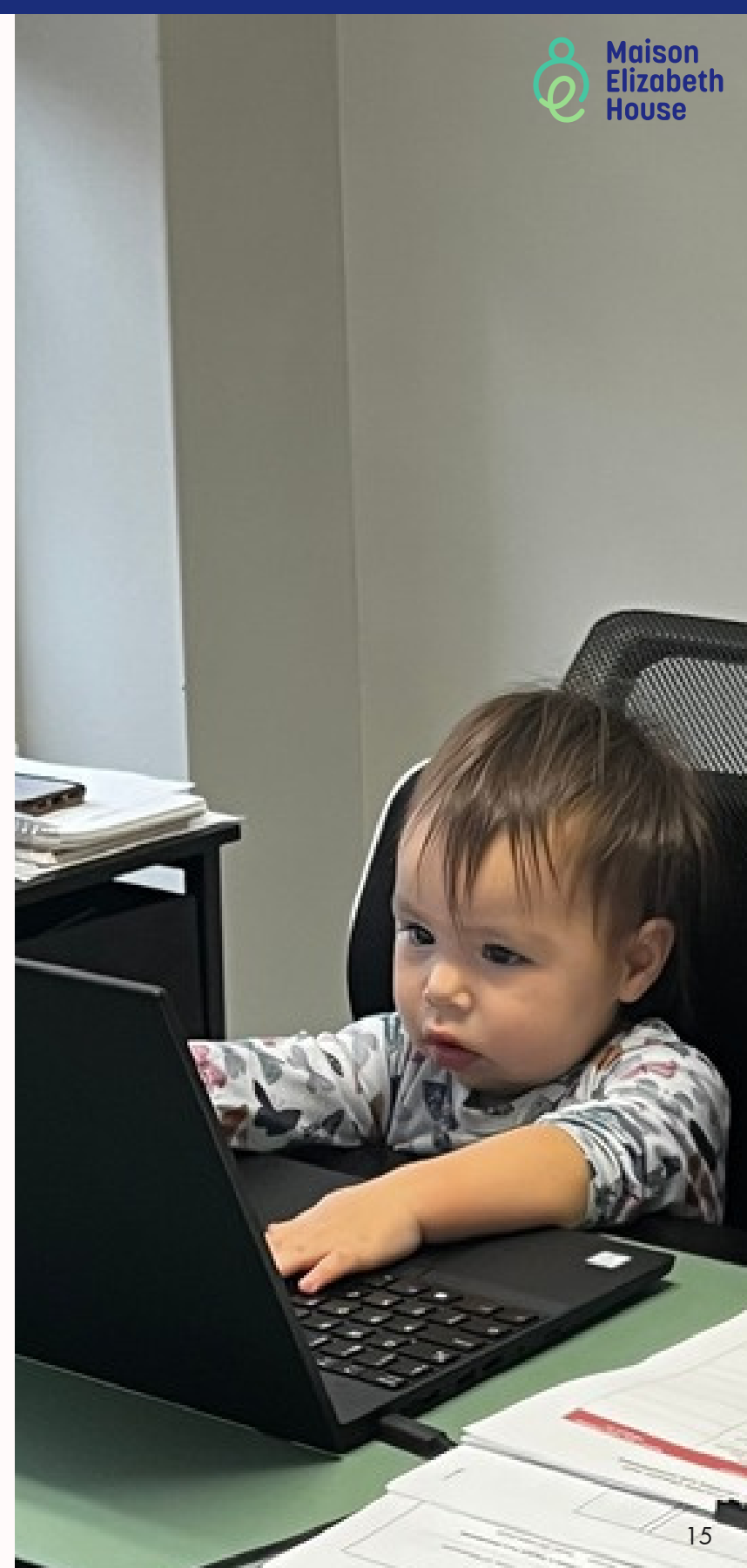
Empowering parents of young children with knowledge, skills, and support to help them nurture, protect, and guide their children toward a strong future.

Vision

A future where every young family is empowered to thrive in a caring, respectful, and inclusive community, supported through collaboration and opportunities for growth. Children who feel safe, secure and loved, and parents who are supported and empowered so families can have the opportunity to develop to their full potential.

Values

Empowerment • Inclusion • Growth



Parenthood Development Program (PHD)



This program continues to play an important role in empowering young parents with the skills, confidence, and support needed to thrive.

This year, the program successfully offered two 10-week sessions in a safe, supportive, and non-judgmental group environment where participants built meaningful peer connections, reduced feelings of isolation, and gained greater confidence in navigating the challenges of parenting.

Throughout the program, parents were encouraged to reflect on their experiences, strengthen communication skills, and build self-awareness and resilience. Staff observed positive growth in participants' confidence and comfort discussing parenting challenges both within the group and in the live-in setting.

10

Students
Enrolled This Year

5

From Live-in program

5

from Family
Assistance Program

The students supported through The Learning Hub each arrive with unique strengths, barriers, responsibilities, and educational journeys. For many, returning to school is not simply about academics; it is about rebuilding confidence, navigating complex life circumstances, and learning to believe that their goals are still possible. This year, we had 10 students enrolled, 5 from the live-in program and 5 from the Family Assistance program.

This year, The Learning Hub supported a student preparing for the TCF Canada French exam (Test de connaissance du français), an essential step in her immigration process and future stability in Canada. Another student, motivated to continue his education but struggling within a traditional adult education setting, was supported through the exploration of more appropriate socio-vocational options. The Learning Hub helped coordinate paperwork, connect with educational consultants, and advocate for a program structure adapted to his realities and responsibilities.

Several students continued pursuing their Secondary School diplomas while managing significant personal challenges. One student made steady progress completing her outstanding Sec V coursework, while another remained committed to finishing her Math requirements despite ongoing struggles with addiction and housing instability. Importantly, she knows that The Learning Hub remains a safe and welcoming space where support will always be available when she is ready to continue.

We also celebrated the return of a former student who, after facing challenges in a traditional Adult Education setting, resumed her studies with us and was later accepted into the Residential and Commercial Drafting program at Verdun Adult and Career Centre (VACC). Another young mother began her educational journey while caring for two children under the age of two and is currently completing academic equivalency testing before beginning work toward her diploma.

These stories reflect the heart of The Learning Hub: meeting clients where they are and helping them move forward at their own pace with dignity, encouragement, and individualized support.



Summer Program and Camping

Summer at Maison Elizabeth House was filled with opportunities for parents and their children to learn, connect, and make lasting memories together. Thanks to a generous donation to the program, we were able to offer even more activities to our clients, allowing families to build new skills, strengthen relationships, and enjoy meaningful experiences within their community.

Throughout the season, participants took part in workshops and activities focused on practical life skills such as budgeting, meal planning, and time management. Just as importantly, the program created space for friendships to grow, helping reduce isolation and foster a strong sense of connection among families.

Some of the summer's highlights included family outings, self-care activities for parents, and our very first overnight camping trip to Camp Kanawana. For many participants, it was their first time camping, an experience filled with new adventures, personal achievements, campfires, laughter, and plenty of unforgettable moments shared with peers and staff.

More than just a series of activities, the Summer Program continues to provide young families with opportunities to build confidence, gain independence, connect with their community, and create memories that will stay with them long after summer ends.



Mental Health and Wellness

Mental Health is a fundamental part of the work we do at Maison Elizabeth House. Through our integrated model of care, we recognize that a parent's emotional well-being affects every aspect of family life, from parenting and relationships to education, employment, and long-term stability.

Rather than treating Mental Health as a standalone service, we incorporate it throughout all of our programs, activities, and daily interactions. This year, families had access to individual counselling, couples therapy, family therapy, wellness programming, and referrals to specialized community resources.

A particular area of growth this year was our focus on building connection and reducing isolation and community. Through our 6-week Summer Wellness Program, we delivered 13 therapeutic and wellness activities, engaging an average of 13 parents and 14 children per activity. Larger events, including the Park Safari outing and Overnight Camping Retreat, brought together approximately 30 participants, creating opportunities for connection, confidence-building, and positive family experiences. In addition, 11 individuals participated in therapeutic services, including individual, couples, family, and emerging art therapy supports, reflecting a growing willingness among clients to seek help, strengthen relationships, and prioritize their mental health.

We also continued to foster a culture where conversations about Mental Health are welcomed without stigma. This commitment was reflected in our annual International Women's Day Mental Health Event, which brought together more than 100 women for workshops, education, peer connection, and meaningful discussions about mental health and well-being.

By combining therapeutic supports, wellness activities, and opportunities for community connection, we are helping parents build confidence, strengthen relationships, develop healthy coping strategies, and create brighter futures for themselves and their children.



Parent Education Programs

Maison Elizabeth House offers a range of parent education programs designed to strengthen family bonds, build emotional literacy, and support early childhood development.

You Make the Difference

You Make the Difference is a parent education program that helps families recognize the important role they play in their child's growth and development. Through videos, discussions, and practical strategies, parents learn how everyday interactions can support learning, build confidence, and encourage independence. The program reinforces the message that parents are a child's first and most influential teachers, and that small, consistent actions can have a lasting impact on their child's success.

Tuck n' Tales

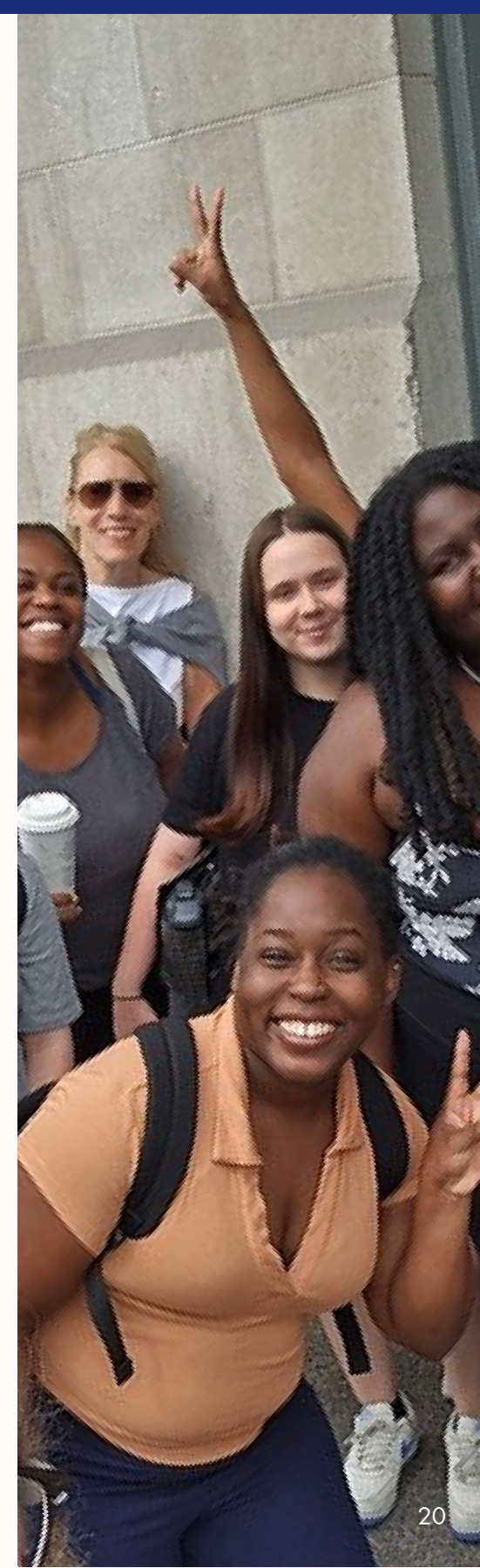
Tuck n' Tales is a bedtime story program designed to promote early literacy, encourage a love of reading, and strengthen the bond between parents and their children. Through interactive storytelling, songs, and shared reading experiences, families explore the joy of books together while building language and communication skills. Children and parents were highly engaged throughout the sessions, participating in songs, storytelling activities, and imaginative play. The program also fostered a strong sense of community, providing opportunities for families to connect, share experiences, and create positive bedtime reading routines that support early childhood development.

Emoji Time

Emoji Time is an emotional literacy program that helps parents develop the skills to identify, understand, and express their emotions in healthy and constructive ways. Through guided discussions and activities, participants explore how emotions influence their thoughts, behaviours, and relationships while also learning to recognize and respond to the feelings of others. Throughout the program, participants demonstrated increasing confidence in sharing their experiences, with many actively supporting and validating one another. Facilitators created a safe and welcoming environment where parents felt comfortable exploring their emotions, strengthening self-awareness, communication skills, and peer connections.

Trailblazers and Trendsetters

Trailblazers and Trendsetters provides live-in clients with a meaningful opportunity to share their ideas, concerns, and feedback about life at Maison Elizabeth House. The program promotes self-advocacy, encourages active participation in decision-making, and helps ensure that residents' voices are heard in the ongoing development of services and programs. Participants were highly engaged, contributing thoughtful feedback and supporting one another in discussions. The program fostered a collaborative environment where residents felt empowered to share their experiences, resulting in valuable insights that have informed program planning and service improvements, including a greater focus on practical, hands-on learning opportunities.



International Women's Day 2026



This year, Maison Elizabeth House proudly hosted a powerful International Women's Day event that brought together more than 100 participants for an open and honest conversation about mental health, resilience, and community support.

Through an inspiring keynote address, meaningful panel discussions, and interactive workshops, the event created a safe and welcoming space where participants felt heard, supported, and connected. The overwhelming response reinforced the importance of creating opportunities for authentic dialogue and shared experiences.

We are deeply grateful to our speakers, partners, and community members whose openness, vulnerability, and courage made this event such a meaningful success.



Black History Month

February was all about celebrating Black History Month through cultural activities, educational discussions, art, and shared community experiences that promoted learning, inclusion, and togetherness.

Highlights included visits to the McCord Stewart Museum to explore the Africa Fashion exhibit and to the retrospective exhibit Triomphe: The Story of Gloria Clarke Baylis at Montréal's Centre Sanaaq. The exhibit honoured Gloria Clarke Baylis, a nurse who filed Canada's first recognized racial discrimination complaint in employment.

Clients and staff prepared and shared traditional Haitian and Caribbean dishes with the broader MEH community, creating opportunities for cultural exchange, connection, and celebration through food.

A special highlight of the month was a presentation by Tamara Angeline Medford-Williams, this year's anglophone spokesperson for Montréal's Black History Month celebrations, and educator at MEH. Her workshop, Afrocentric Principles for Justice, Equity, and Community Empowerment, sparked meaningful reflection and discussion among clients and staff.

Participants also collaborated on a community art project celebrating Black identity, culture, and empowerment. The month fostered meaningful conversations, new experiences, and a deeper appreciation for Black history and culture within the MEH community.



Client Testimonials

Hajar (President of User's Committee)

I want to say a big thank you to Maison Elizabeth House for everything you do for us. You are always there to help us with our children; you organize activities that make us feel good and also benefit our little ones. Your work changes lives; you offer hope, listening, support, dignity, and above all, a lot of love.

Because of you, we feel supported, heard, and never alone. Thank you from the bottom of my heart for your patience, your kindness, and all the love you give every day. You truly make a difference in our lives.

Thank you to the entire team, the staff, the volunteers, and everyone who makes this place a true home.

Catherine

I had the opportunity to live at Maison Elizabeth House with my son for six months. It was an experience that helped me greatly. I learned to recognize all the strengths I have as a mother, and also as a woman.

From the very first day, I felt safe, welcomed, and that I belonged. I appreciated having my own space and independence, but I also valued the parenting and emotional support I received there. Even at night, when my son was sick or teething, support was available to me. I also really enjoyed the celebrations, such as Christmas and Thanksgiving. The staff were very supportive, attentive, and available. I have very fond memories. I also saw my son feel comfortable and secure. Even shortly before we left, he would reach out to the staff to be held.

I am also extremely grateful for all the support I received in transitioning to independent housing: furniture, dishes, household items, and moving support; everything was provided. I feel very fortunate, and it took a lot of stress off my shoulders.

I have a very strong sense of belonging with them. I truly feel they are like family to us. I was very happy there, and I am glad I went through this experience.

Isys

My name is Isys, I am a 22-year-old single mom of 1, and I had the chance to be a part of the community at Maison Elizabeth House and participate in the Learning Hub.

I had the honour to receive more than enough help by the dedicated staff who have aided me through my schooling and personal affairs, and I was also blessed to have made dependable friendships that are strong and ongoing.

When I first joined Maison Elizabeth House, I was pregnant, had nothing, and I felt hopeless, but the committed and encouraging staff workers at MEH picked me up with compassion and put me back on my feet. Fast-forward to today, due to the immense help received, I now have a place to rest my head that I can call my own. I have progressed immensely in my schooling thanks to the tutoring and extra support with my school fees from the Learning Hub.

I would recommend MEH to anyone seeking a secure and reliable refuge. The staff, the organization itself, and anyone who helps its residents will always have a place in my family's heart because of the family-like care that my daughter and I consistently receive from the organization.

Celebrating Tina's 25 years of service!

Wow - where has the time gone?

It's hard to believe I'm celebrating 25 years at MEH!! Looking back, I feel such deep gratitude for this journey and for all the people who have been a part of it.

After 14 years in my last job, I knew something was missing. My passion was fading, and I've never been someone who can give only part of myself to the work I do. Making the decision to move on wasn't easy, but joining MEH rekindled something in me that I had been afraid I'd lost. It gave me back a sense of purpose, and over the years, that passion has only deepened.

I have been incredibly fortunate to work alongside an amazing team who have challenged me, supported me, and helped me grow in ways I never imagined.

I'm also so thankful for the supervisors and mentors who saw something in me, encouraged me to stretch beyond what I thought was possible, and gave me the space to grow, explore, and truly soar. I'm so appreciative of the opportunities I've had to contribute, to learn, and hopefully to make a difference along the way.

Some of the greatest lessons, though, have come from the clients. It has been a privilege to learn from them, to witness their strength, and to be trusted with even a small part of their journey. That is something I never take for granted. Their stories have shaped me, humbled me, and continue to inspire me to do better every single day.

Reaching this 25-year milestone fills me with pride, but even more than that, it fills me with gratitude. Gratitude for the relationships, the lessons, the challenges, the growth, and the opportunity to spend so many years doing work that truly matters to me.

I'm excited for what's still to come and grateful to continue this journey with such incredible people.

- Tina Pallotta - Clinical Supervisor



Celebrating Nadine's 25 years of service!



Being the third generation in my family to work at Maison Elizabeth House, I can honestly say I understand its deep and lasting appeal.

My grandmother was the first to be part of MEH. At that time, her role was closer to what was known as a "house mother," living on-site for several consecutive days and providing direct care to the clients. My mother followed, working weekend shifts as an educator while also building her career with what would later become Batshaw Youth Services.

And then there is me. I stepped into my role as an overnight supervisor in April 2001. My years at Maison Elizabeth House have been filled with invaluable learning, understanding the delicate nuances of supporting a highly sensitive and specialized clientele, while balancing my own perspectives with the standards and expectations of the social service network. But the most meaningful learning has come from working alongside diverse personalities and navigating complex, often emotional situations with care and intention.

I have experienced so many memorable moments at MEH, from calming and comforting a young mother in the early stages of labour to celebrating with a mother as she graduates from our live-in program and steps confidently into her next chapter. Over the years, I was affectionately given the title of "baby whisperer," as babies in my arms would almost always fall asleep when needed. I wore that title with pride; it represented the comfort and security I could offer and the trust mothers placed in me. Working alongside skilled, compassionate colleagues who were always willing to share their knowledge and ideas has only deepened my experience and supported my own growth.

To be part of a journey where fragile beginnings transform into something hopeful, confident, and secure is truly the heart of this work, and the reason I continue to give so much of myself to the families we serve.

-Nadine Ramsey - Overnight Supervisor



Staff Testimonials

My journey at MEH began in 2023 as an on-call educator in the live-in program, and within a little over a year, I became one of four full-time educators.

Over the past three and a half years, I have grown tremendously, both personally and professionally. While supporting young mothers and their children can be challenging at times, it is also deeply rewarding. My role at MEH allows me to walk alongside vulnerable women as they navigate the ups and downs of life, both as individuals and as parents. No matter their circumstances, witnessing the growth of both the mothers and their babies has been incredibly meaningful and fulfilling.

One of my most memorable experiences so far was our Summer 2025 camping trip. Although I was initially hesitant to attend, I am grateful for the experience, and even more grateful for the opportunity to witness the joy, excitement, and connection it brought to the clients throughout the trip.

I am proud to be part of an organization and team that consistently puts the needs of families first and creates opportunities and experiences that many parents may not otherwise have access to on their own.

I look forward to continuing my journey at Maison Elizabeth House.

Anatasia Mulcare (Educator)





Staff Testimonials

I was approached by a Board member to apply for a temporary position at Maison Elizabeth House as an Administrative Processes Specialist, to aid in supporting the review and updating of policies and procedures as part of the Accreditation Canada process. What was initially expected to be a short-term 3-6-month replacement unexpectedly evolved into an incredibly rewarding year-long experience working within the public sector.

Coming from a career in the private retail sector, nothing could have fully prepared me for the significant difference in workplace culture. Maison Elizabeth House stands out as an inspiring organization, not only for the important work it does in the community, but also for the respect, care, and support it shows its staff.

This experience has provided me with far more than just professional growth. It has given me valuable insight into accreditation and fundraising, while also deepening my understanding of how mission-driven organizations operate.

Most importantly, I have developed a profound appreciation for the tireless work led by Executive Director Anitra Bostock. Her leadership, grounded in compassion and humanity, is truly remarkable, especially in a world that can, at times, feel unforgiving.

Joanne Levasseur (Specialist in Administrative Processes)



Student and Volunteer Testimonials

Doing my social work field placement at Maison Elizabeth House has been a truly enriching experience. Seeing the progress and growth of the mothers has made me especially passionate about helping out in this field. Throughout my placement, I was able to learn and practice skills in a welcoming environment that will benefit me in my future practice. Walking through the doors and being greeted by a smiling baby's face was always the highlight of my week. I am grateful for the experience MEH provided me!

Thank you so much.

- Diya Senghera

Volunteering at Maison Elizabeth House is, without a doubt, the best part of my week. The energy at the House is one of kindness and mutual support and respect, and all the staff, volunteers, moms, and babies are all clearly committed to making it a wonderful place to live, work, learn, and play. I am immensely grateful for the privilege of being able to volunteer at MEH and look forward to another wonderful year.

- Hayley Newman-Petryshen



Community Outreach and Partnerships

Maison Elizabeth House continues to strengthen its community outreach efforts through the PATH Learning Hub by combining education, life-skills development, and strong community partnerships to support young families on their journey toward independence.

Our approach focuses not only on helping young parents continue their education, but also on ensuring they are connected to sustainable supports within their communities as they transition to independent living. Through ongoing collaboration with community organizations and specialized partners, MEH works to complement, not duplicate, existing services, while helping families navigate and access the resources available to them.

Throughout the year, clients participated in workshops focused on budgeting, nutrition, parenting, healthy relationships, First Aid, writing, and life skills. In partnership with Auberge Shalom Montréal, the Healthy Relationships workshop series provided practical tools for building safe, respectful, and healthy relationships. Programs such as the Parenthood Development (PhD) Workshop and the Québec Writers' Federation's Writers in the Community program further supported personal growth, confidence-building, and peer connection.

MEH also maintained outreach with former students and clients, encouraging re-engagement in education and offering referrals and support when barriers arose. This continued connection helps ensure families remain linked to a supportive network even after leaving our residential programs.

Through this integrated and collaborative approach, Maison Elizabeth House continues to empower young families with the tools, relationships, and community connections needed to build stable and independent futures.



The Annex - Learning Hub and Swap Shop

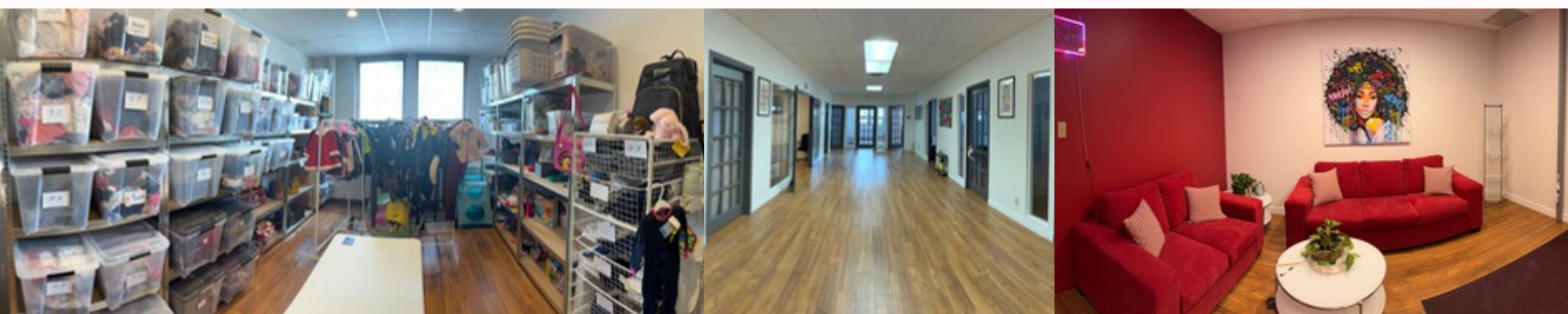
Since February 6, 2026, the Learning Hub has been operating out of The Annex, an office space on Sherbrooke Street just a few steps from Maison Elizabeth House. The move was made in preparation for the PATH building renovations, which officially began in April 2026. Since then, The Annex has provided a bright, welcoming, and inspiring environment that has transformed the learning experience for the families we serve.

From the moment participants walk through the doors, the atmosphere creates a sense of warmth, dignity, and possibility. Students consistently comment on how impressed they are with the space, and that positive first impression has translated into increased engagement, participation, and enthusiasm for programming.

The impact of the environment has been both immediate and meaningful. Staff have observed a noticeable difference in how parents engage with the very same programs when offered at The Annex compared to the older, unrenovated spaces at Maison Elizabeth House and PATH. The space itself communicates care, respect, and investment in our families, reinforcing the importance of creating environments where young parents feel valued and empowered to succeed.

The transition to The Annex has also highlighted the tremendous potential of the upcoming renovations planned for our permanent facilities and the transformational impact these renewed spaces will have on programming and client experience.

In addition, the Swap Shop was successfully relocated from PATH and is now fully operational at The Annex. With many MEH programs now taking place in the same location, families can conveniently “Shop or Swap” before or after attending programming, further improving accessibility and support for parents and children.



Moisson Montréal Food Pickup and Distribution Program

Maison Elizabeth House continued its valued partnership with Moisson Montréal to help address food insecurity among the families we serve. Through bi-weekly food pickups, nutritious food was distributed to both live-in and community-based clients, ensuring families had access to essential groceries during periods of financial hardship.

Beyond food distribution, the program also provides opportunities for client involvement and skill-building through participation in food pickup, sorting, and distribution activities. This partnership continues to have a meaningful impact on the well-being of the families we serve, helping reduce financial stress, improve food security, and strengthen community support.

We are especially grateful to Moisson Montréal for the generous donation of a minivan as part of their 40th anniversary celebrations. The vehicle has become an essential resource, significantly improving our ability to transport food and deliver support directly to families facing barriers to access.



5,063 kg

Groceries received from Moisson Montréal between April 1, 2025 - March 31, 2026
= an estimated value of nearly \$40,000 in food



Partnerships, Collaborations & Community Links

Live-In (Residential) Program Referrals & Intakes

59

Referral
Packages Sent

24

Completed
Requests for Services

19

Intake Meetings

9

Admissions to the
program

1

Addition to ABC Infant
Stimulation Program

The Live-In Program received significant interest and demand for services, reflecting the growing complexity and urgency of the needs facing vulnerable young families. During the year, 59 referral packages were received and reviewed, resulting in 9 admissions to the program, ensuring that families most in need received intensive residential support.

The majority of referrals came through Youth Protection services across multiple regions of Québec, alongside referrals from hospitals, CLSCs, shelters, refugee services, mental health organizations, and community agencies. Most facing housing instability, poverty, social isolation, mental health challenges, immigration-related barriers, and involvement with Youth Protection services.

The high volume of referrals reflects the increasing demand for specialized live-in support for young parents. Through an integrated model of care, the program provides not only safe housing, but also parenting support, life-skills development, education, and therapeutic services that help families build stability, strengthen parent-child relationships, and create brighter futures for themselves and their children.



Live-In & Family Assistance Programs: 2025-2026

Providing safe housing, practical support, and pathways to independence for vulnerable young families.

168

Individuals Supported

35

Individuals in the Live-In Program

93%

Occupancy Rate

12,775

Total Individual Days in the House

Who We Served

17 Mothers

Age range: 15-35 | Average age: 23

18 Children

Age range: 0-5 | Average age: 16 months

Length of Stay

137 days Average stay

Shortest stay: 22 days

Longest stay: 365+ days

+23 days average stay increase from last year

While the number of individuals served decreased slightly from **180** (2024-2025) to **168** (2025-2026), the average length of stay increased, enabling families to benefit from deeper, more individualized support over a longer period.

Waitlist Outcomes

4 Mothers on Waitlist



2 Admitted

2 Connected to Resources

Food Support

\$37,843

Spent on food (excl. Moisson Montreal)

\$1.86

Cost per meal

20,338

Meals served

Moisson Montreal supplements the Live-In Program and is primarily used for food delivery to MEH Family Assistance clients living in the community.

Client Referrals

Clients were referred by the following sources:

35

Youth Protection Referrals

15

Community Org. Referrals

50

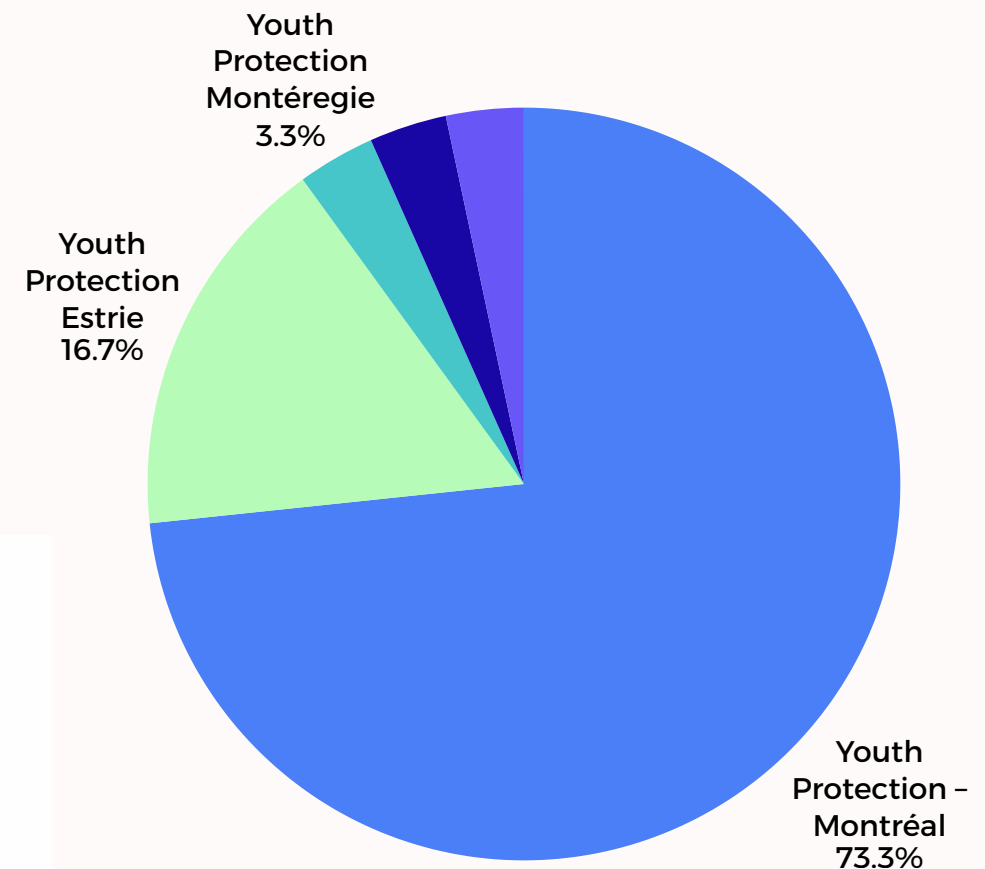
Total Referral Sources

35 referrals

- 22 Youth Protection - Montréal
- 5 Youth Protection Estrie
- 1 Youth Protection Montérégie
- 1 DYP Nord du Québec region
- 1 DYP de la Côte Nord
- 1 DYP Laurentides

15 organizations

- Foyer du Monde
- Logifem
- Dans la Rue
- MUHC
- POSA - Chambly
- CLSC Lac St. Louis
- The Refugee Centre
- Nisa Foundation (Ontario)
- CLSC Longueuil West
- Hôpital Notre-Dame
- Cree Board of Health & Social Services James Bay
- CLSC Benny Farm
- Au Cœur de l'enfance
- Douglas Mental Health University Institute
- Connexion



Nursery Services

Nursery Services supported a total of 25 children - which represents more than 1150 total visits:

16

from Live-In Program

9

from Family Assistance Program

60%

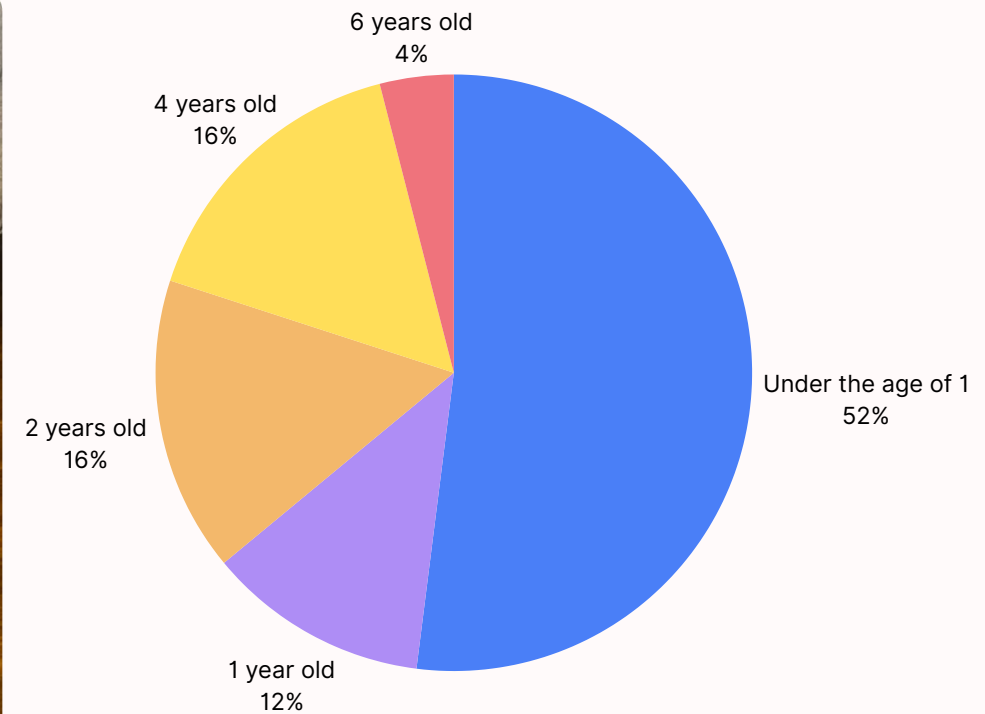
involved with Youth Protection

3,000+

hours of supervised childminding



Demographic Profile by Age



Nursery Services continue to provide a safe, nurturing, and developmentally supportive environment while allowing parents the time and space needed to focus on personal growth, parenting skills, education, and overall family stability.

Accreditation Canada 2025-2026

Since its previous Accreditation cycle in 2021, Maison Elizabeth House (MEH) remained focused on strengthening organizational sustainability, enhancing service quality, and preparing for long-term growth. Ongoing efforts to modernize administrative systems and strengthen operational efficiency, MEH has continued to invest in the preservation and renewal of its historic properties to better meet the evolving needs of young families.

A major milestone was reached in April 2026 with the launch of Phase 1 of our renovations to the PATH building, with the addition of two transitional apartments, as well as the PATH Learning Hub. Phase 2 renovations to the Main House are planned for 2027 as part of the organization's broader vision to create safe, modern, and supportive spaces for families and staff alike.

Guided by a newly approved strategic plan and refreshed organizational values - Empowerment, Inclusion, and Growth - MEH has continued to evolve both operationally and clinically. Significant efforts have been made to strengthen policies, procedures, and organizational practices while maintaining alignment with Accreditation Canada standards.

The on-site Accreditation survey took place from September 10-12, 2025. Following the assessment, MEH was awarded Accreditation with Commendation under the Qmentum Long-Term Care (QLTC) program, recognizing the organization's strong commitment to quality improvement and client-centered care.

The Accreditation process highlighted several organizational strengths, including strengthened staff cohesion, increased collaboration, enhanced professional development opportunities, and continued program growth under new leadership. MEH was also recognized for its strong community partnerships and its expanding impact on young parents and children across the community.

As part of its commitment to continuous improvement, MEH continues to address identified areas for growth throughout the four-year Accreditation cycle. The Accreditation and Policy & Procedure Committee has continued to meet monthly to support ongoing policy review, quality improvement initiatives, and continued alignment with accreditation standards and our strategic plan.



Nurturing Families, Building Futures: Renovation Project Update

During 2025–2026, Maison Elizabeth House and the Elizabeth House Foundation reached a significant milestone as construction officially began on Phase 1 of the Nurturing Families, Building Futures Campaign, an ambitious \$6.5 million initiative that will transform both of our properties over the next two years. The project represents the largest infrastructure investment in our organization's history and will ensure that our facilities continue to meet the evolving needs of young families for decades to come.

Working closely with L. McComber Architecture Vivante, MEH staff, clients, and board members, the project has been thoughtfully designed to create safe, welcoming, and trauma-informed spaces that support healing, learning, growth, and independence. The renovations will strengthen our ability to deliver housing, education, employment readiness, life-skills development, mental health services, and community programming within environments that reflect the dignity and potential of every family.

Phase 1 focuses on the transformation of the PATH Learning Hub, including the creation of two transitional apartments, expanded educational and program space, and a new Community Learning Hub. **Phase 2** will modernize the Main House, where mothers and children receive 24-hour live-in support.

Throughout the year, significant progress was made, including architectural and engineering planning, zoning and permit approvals, the selection of a general contractor, asbestos abatement, and the commencement of demolition work. To ensure uninterrupted services during construction, educational and community programming was successfully relocated to The Annex, a temporary space located just steps away from MEH.

This project is about more than renovating buildings. It is about ensuring that Maison Elizabeth House remains a vibrant, welcoming, and sustainable resource for young families for the next 60 years and beyond.



Risk Management

As part of the organization's ongoing commitment to continuous quality improvement and organizational accountability, Maison Elizabeth House undertook the development of a formal organizational Risk Management Plan following the Accreditation Canada survey in September 2025.

In alignment with Accreditation Canada standards, MEH developed and implemented a comprehensive Risk Management Plan (Risk Register), which was successfully submitted and approved by Accreditation Canada on April 6, 2026.

The plan provides a structured framework to support the identification, assessment, mitigation, and monitoring of organizational risks across all areas of operation. This work represents an important step in further strengthening organizational oversight, sustainability, and long-term planning while supporting a proactive approach to risk management throughout the organization.



The Safe Provision of Care & Services

The safety and well-being of clients, children, staff, volunteers, students, and visitors remain a top priority at Maison Elizabeth House. Beyond meeting legislative and accreditation requirements, the organization maintains a proactive risk management system that encourages the identification, reporting, and review of a broad range of safety and quality concerns.

This approach helps strengthen our services, improve organizational practices, and foster a culture of safety, accountability, and continuous improvement. During the 2025–2026 fiscal year, the majority of reported events related to General Risk and Intervention situations, while Incident, Accident, Infection Prevention and Control (IPAC), and Work-related events remained relatively low.

Risk management activities are overseen by the Risk Manager, the Risk Designate Coordinator, and the Quality Improvement Committee, ensuring that concerns are reviewed promptly, appropriate follow-up occurs, and opportunities for learning and improvement are identified. Through ongoing monitoring, prevention, and education, MEH remains committed to providing safe, responsive, and high-quality care.

Incidents, Accidents, and Events

[SEE FULL REPORT](#)



Report from the Local Service Quality & Complaints Commissioner

Maison Elizabeth House remains committed to providing high-quality, safe, respectful, and client-centred services. We are pleased to report that during the 2025–2026 fiscal year, no complaints, requests for assistance, or interventions were filed with the Commissioner for Complaints and Service Quality. There were also no reported cases of abuse or mistreatment, and no files were referred to the Québec Ombudsman (Protecteur du citoyen).

One consultation request was received during the year regarding a client's right to information about the complaints process. The inquiry was addressed promptly, ensuring the individual received the information and guidance they required.

These results reflect the ongoing commitment to transparency, accountability, and the protection of client rights. By fostering a culture of open communication, continuous quality improvement, and respect, Maison Elizabeth House strives to ensure that every individual feels heard, supported, and empowered throughout their journey.

*George Roumeliotis, PHT
Commissaire aux plaintes et à la qualité des services par intérim
Commissariat aux plaintes et à la qualité des services*

Fundraising Highlights

A record-breaking year of community generosity and investment in families.

The Elizabeth House Foundation and Maison Elizabeth House operate with two key fundraising priorities: program funding and the Nurturing Families, Building Futures Capital Campaign. Together, these efforts ensure that families not only have access to safe and supportive environments but also to the programs, education, and resources they need to build brighter futures.

This year was one of the most significant fundraising years in the history of the organization. Through the generosity of donors, foundations, community partners, and supporters, we secured \$1,502,530* in funding commitments, including both funds received and multi-year pledges.

Funding raised for **programming** supports critical services such as education, mental health, life skills, parenting support, food security, employment readiness, and scholarships. These investments help ensure that young parents gain the knowledge, confidence, and practical skills needed to thrive and create stable futures for themselves and their children.

At the same time, the launch of the **Nurturing Families, Building Futures** Campaign marked an important milestone in our vision for the future. Through foundation grants, donor support, and community fundraising initiatives, we secured \$802,481* in funding and \$338,500* in future pledges toward the renovation and renewal of the PATH Learning Hub and the Main House. An additional \$3.5 million in funding requests remains under review as we continue to pursue new funding opportunities and partnerships.

These renovations will create modern, welcoming, and trauma-informed living and learning environments that enhance both residential services and community programming. As we approach our **60th anniversary in 2028**, this project is about ensuring that Maison Elizabeth House remains a place of hope, healing, learning, and opportunity for generations to come.

To every donor, foundation, partner, volunteer, and champion of our mission: thank you for believing in our families, our vision, and our future.

If you would like to learn more about our fundraising efforts, please contact Anitra Bostock at anitra.bostock.elizabeth@ssss.gouv.qc.ca

\$1,502,530

Total funding commitments secured this year, including cash received and multi-year pledges

\$802,481

Received toward the Nurturing Families, Building Futures Capital Campaign for facility renovations

\$338,500

Formal multi-year pledges committed by donors over the next 2-3 years toward capital improvements

Note: Pledged amounts represent formal commitments expected over the next 2-3 years and are not included in annual cash revenue.

Donations in Kind

The generosity of our community continues to make a meaningful difference at Maison Elizabeth House. Throughout the year, individuals, businesses, and organizations donated essential items, gifts, and services that helped create a welcoming and supportive environment.

We are especially grateful to Carolyn's Community, The Shoebox Project, and Hatley - Little Blue House for their thoughtful gifts and personal care items, particularly during the holiday season. We also extend our sincere thanks to Meldrum The Movers, who generously donated trucks, staff time, and moving services to support both our relocation to The Annex and young mothers transitioning into their own homes.

A special thank you to La Vie en Rose for their generous donation of pyjamas, to Encore Books & Records, Librairie Gallimard, and Librairie Bertrand for donating books, and to Flora Exotica for their gift of beautiful plants. These thoughtful contributions helped make our International Women's Day event even more meaningful and memorable.

To everyone who contributed, thank you. Your generosity, kindness, and belief in our mission helped make this year a little brighter for our community.





Human Resources

Maison Elizabeth House employed 32 team members during the 2025 - 2026 fiscal year. This includes 13 full-time employees, 4 part-time employees, and 15 on-call staff who provided coverage and support as needed (representing the equivalent of 19.2 full-time positions).

The team includes educators, overnight attendants, residential aides, administrative and maintenance personnel, all working together to provide 24/7 support and services to young parents and their children.

In addition to our employees, Maison Elizabeth House also benefitted from the expertise of consultants, contract workers, students, and occasional support staff who contributed to various programs, projects, and operational initiatives throughout the year.

Category	# of Employees
Night Supervisor, Aide Staff, Maintenance	10
Administrative Staff	6
Clinical Supervisor, Educators	15
Management Staff	1
Total	32

Intern & Student Placements

This year MEH welcomed a record number of students from nursing, social work, criminology, and therapeutic recreation programs.

3,128

Total Hours

17

Students Hosted

5

Programs Represented

6

Partner Institutions

Placement Breakdown

11 McGill University Nursing Students

48 hours each - Clinical placements in health education & wellness

2 McGill Social Work Students

400 hours each - intake, interventions, group facilitation

1 John Abbott Criminology Student

700 hours - case management & program support

1 Concordia Therapeutic Recreation Intern

540 hours - summer programming & evaluation

2 Canada Summer Jobs Placements

280 hours each - Summer Program support

Student placements represented approximately **3,128 hours** of direct support, programming, learning, and community engagement. Students contributed meaningfully to day-to-day programming, workshops, client support, and program development.

“

“Hi! My name is Diya, and I’m a McGill social work student completing my stage at Maison Elizabeth House. Over the course of the year, I completed 300 internship hours and was extremely grateful for the opportunity to learn, grow, and contribute to the organization.”

”

“

“Hi, I’m Aline, and I’m studying social work at McGill University. I was grateful for the opportunity to learn and work alongside such caring and insightful people throughout the academic year at Maison Elizabeth House.”

”

“

“Hi. My name is Savannah, and I’m a student in the Criminology Intervention Program at John Abbott College. I completed my stage at MEH from August 2025 to May 2026, where I had the opportunity to learn through hands-on experiences and further develop my interpersonal skills.”

”

Nursing Students

This year, Maison Elizabeth House had the pleasure of welcoming 11 McGill University nursing students completing their clinical placements between January and April, totaling 528 placement hours. While MEH typically hosts one group of six students annually, a scheduling overlap resulted in two groups participating this year. Although this required additional coordination, it provided our clients with two engaging and valuable educational programs.

11

Nursing
Students

528

Placement
Hours

2

Program
Groups



Group 1: Creating Calm Together

Facilitated a stress management program focused on practical coping strategies, including calming creative activities such as painting. The session encouraged self-expression and connection among residents.

Group 2: Sexual Health Education

Delivered an interactive presentation on sexual health. Residents actively participated, asked thoughtful questions, and engaged in open discussion. Highlighted the need for increased healthcare support for vulnerable young families.

Impact & Looking Ahead

The nursing placements sparked important conversations about improving access to healthcare guidance and preventative support for MEH clients outside of emergency services. Preliminary discussions are underway to explore potential partnerships with academic institutions and healthcare professionals that could support more accessible clinical guidance for mothers and children.

We are grateful to the McGill University nursing students for their professionalism, compassion, and meaningful contributions to the Maison Elizabeth House community.

Thank You to Our Volunteers, Board, and Committee Members

This year, more than 1000 volunteer hours were contributed in support of Maison Elizabeth House and the families we serve.



1000+

Total
Volunteer Hours

700+

Board & Committee
Hours

Community Volunteers

Our 17 community volunteers collectively contributed 350 hours through direct clinical support, professional expertise, fundraising initiatives, sewing projects, camping activities, special events, and even a memorable visit from Santa! Their generosity helped enrich the experience of the young parents and children in our care.

Board & Committee Members

Our Board of Directors, Foundation Board, and Committee Members collectively contributed more than 700 hours of leadership, governance, strategic guidance, and oversight. They generously share their expertise and time, often balancing commitments to MEH alongside busy professional and personal lives.

To each and every volunteer, Board member, and committee member, thank you! Your contributions extend far beyond the hours recorded. Your dedication, belief in our mission, and willingness to give of yourselves help create opportunities, strengthen families, and build a brighter future for every family we work with.

Section 8 Financial Resources

Section 8.1 Use of financial resources by program 2025

Section 8.2. Budget Equilibrium 2025

Section 9 Observations Reported by Independent Auditor

Financial data for Sections 8 and 9 will be added once the audit is complete.



The complete audited financial statements will be appended to the final version of this report.

Section 10 Disclosure of Wrong-Doing in the Workplace

Code of Ethics

There was no violation of the Code of Ethics in 2025-2026.



SEE CODE OF ETHICS



Maison Elizabeth House

Nurturing families. Building futures.

Support Our Mission



Scan to make a donation

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The Elizabeth House Foundation 894717222RR0001 NE de l'organisme de bienfaisance

